


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M/MA or Grains	**WG Cheerios/Corn Flakes	**WG French Toast Sticks	Egg Patty, **WG Slice Bread	** WG Pancakes	**WG Cheerios/Corn Flakes
Fruit or Veg	Diced Pears	Applesauce	Fruit Cocktail	Banana	Diced Peaches
Milk	K5-8th: Apple Juice	K5-8th: Orange Juice	K5-8th: Fruit Punch Juice	K5-8th: Orange Juice	K5-8th: Apple Juice
LUNCH MEAL			10/1/2025	10/2/2025	10/3/2025
M/MA			BBQ Chicken	Chicken Soft Taco	**WG Cheese quesadillas
Vegetables			**WG Brown Rice	Pinto Beans/Cucumbers	Celery Sticks
Fruit			Green Peas	Lettuce/Tomato	Mixed Vegetables
Grains			Broccoli Cut	Fresh Apple	Banana
Milk			Orange Mandarin	**WW Tortilla	
			Condiment: Taco Sauce	Condiment: Ranch	
	10/6/2025	10/7/2025	10/8/2025	10/9/2025	10/10/2025
M/MA	**WG Mac & Cheese	Turkey Hot Dog	Cheeseburger	**WG Hard Shell Beef Tacos	Ham & Cheese Sandwich
Vegetables	Baby Carrots/ Green Peas	Sweet Potato Fries	Potato Wedges	Vegetarian Beans	Sweet Corn/Fresh Broccoli
Fruit	Sliced Peaches	Green Beans	Steamed Cauliflower	Lettuce/Tomato/Cheese	Clementine
Grains		Diced Pears	Apricot	Mixed Vegetables	**WG Sliced Bread
Milk		**WG Hot-Dog Bun	**WG Bun	Applesauce	
	Condiment: Ranch	Condiment: Ketchup	Condiment: Ketchup	Condiment: Taco Sauce	Condiment: Ranch/Mayo
	10/13/2025	10/14/2025	10/15/2025	10/16/2025	10/17/2025
M/MA	**WG Mozzarella Pizza Stick	Chicken Alfredo	Beef Picadillo w/veggies	Turkey Sliced w/gravy	<b>PD Day</b>
Vegetables	Green Beans	Carrot Coins/Sweet Corn	**WG Brown Rice	Mashed Potatoes	
Fruit	California Blend	Orange Mandarin	Broccoli Cut	Celery Sticks	
Grains	Fruit Cocktail	**WG Pasta/Breadstick	Diced Peaches	Tropical Fruit Salad	
Milk				**WG Dinner Roll	
	Condiment: Marinara			Condiment: Ranch	
	10/20/2025	10/21/2025	10/22/2025	10/23/2025	10/24/2025
M/MA	Grilled Cheese Sandwich	**WG Chicken nuggets	Beef Meatballs	Chicken Fajitas	**WG Turkey Mini Corn Dog
Vegetables	Steamed Broccoli	Baked Fries	Green Peas/Carrot Coins	Black Beans	Potato Wedges
Fruit	Mixed Vegetables	Steamed Cauliflower	Sliced Pears	Grapes	Cucumbers
Grains	Applesauce	Apricot	**WG Pasta/Breadstick	**WW Tortilla	Mixed Fruit
Milk	**WG Sliced Bread				
		Condiment: Ketchup			Condiment: Ketchup/Ranch
	10/27/2025	10/28/2025	10/29/2025	10/30/2025	10/31/2025
M/MA	Beef Patty w/gravy	Meat sauce	**WG Popcorn Chicken	**WG Bean Tostada	Chicken Sandwich
Vegetables	**WG Brown Rice	Mixed Vegetables	Sweet Potato Fries	Lettuce/Tomato/Cheese	Baked Fries/Baby Carrots
Fruit	Sweet Corn	Broccoli Cuts	Green Beans	Fresh Broccoli	Applesauce
Grains	Steamed Cauliflower	Tropical Fruit Salad	Diced Pears	Fruit Cocktail	**WG bun
Milk	Orange Mandarin	**WG Pasta/Breadstick			
			Condiment: Ketchup	Condiment: Ranch/Taco sauce	Condiment: Ketchup/Ranch



\*\*Whole Grain  
 \*\*\*All meals include ½ pint of milk. Students may choose 1% low-fat.  
 Unflavored or Fat Free Flavored Milk  
 This Institution is an equal opportunity provider

Menu subject to change without notice

