



August - September Breakfast / Lunch Menu 2024

BREAKFAST MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M/MA or Grains Fruit or Veg Milk	**WG Cheerios/Corn Flakes Diced Pears	**WG French Toast Sticks Applesauce	Egg Patty, **WG Slice Bread Fruit cocktail	** WG Pancakes Banana	**WG Cheerios/Corn Flakes Diced Peaches
	K5-8th: Apple Juice	K5-8th: Orange Juice	K5-8th: Fruit Punch Juice	K5-8th: Orange Juice	K5-8th: Apple Juice
LUNCH MEAL PATTERN		K5-String Cheese/Graham Cracker	K5-Cereal Bar/ fruit cocktail	K5-Yogurt/Graham Cracker/banana	
	9/2/2024	9/3/2024	9/4/2024	9/5/2024	9/6/2024
M/MA Vegetables Fruit Grains Milk	Labor Day	Hard Shells Beef Tacos Lettuce/Cheese Pinto Beans Pineapple Tidbits **WG Hard Shells <i>Condiment: Salsa</i>	Chicken Alfredo Broccoli Cuts/Cherry Tomatoes Grapes **WG Pasta	Beef Burritos Refried Beans/ Fresh Broccoli Sliced Peaches <i>Condiments: Salsa</i>	Cheeseburger Potato Wedges/Cucumbers slice Sliced Pears *WG Burger Bun <i>Condiment: Ketchup/Mayo</i>
	9/9/2024	9/10/2024	9/11/2024	9/12/2024	9/13/2024
M/MA Vegetables Fruit Grains Milk	Chicken Parmesan Carrot Coins/Mixed Veggies Diced Peaches *WG pasta <i>Condiment: Ranch/Mayo</i>	Bean Tostada Lettuce/Tomatoes/Cheese Peas Fresh Banana <i>Condiment: Salsa</i>	Beef Meatballs Fresh broccoli/Celery Sticks Fresh Apple **WG Spaghetti	Turkey Hot-dog Green Beans/Sweet Corn Apricot *WG Hot-Dog Bun <i>Condiment: Ketchup</i>	**WG Chicken Nuggets Baked Fries/Cherry Tomatoes Pineapple Tidbits <i>Condiment: Ketchup</i>
	9/16/2024	9/17/2024	9/18/2024	9/19/2024	9/20/2024
M/MA Vegetables Fruit Grains Milk	Ham & Cheese Sandwich Vegetarian beans/Baby Carrots Mixed Fruit **WG Sliced Bread <i>Condiment: Ranch/Mayo</i>	Chicken Patty Sweet potato fries/Cucumbers Mandarin Orange *WG Burger Bun <i>Condiment: Mayo/Ranch</i>	Sliced Turkey Mashed Potatoes w/Gravy Green Beans Diced Pears **WG Dinner Roll	Garlic Cheese Pizza Sweet Corn /Broccoli Cuts Pineapple Tidbits <i>Condiment: Ranch</i>	Cheese Quesadilla Steam Cauliflower Cherry Tomatoes Fresh Grapes
	9/23/2024	9/24/2024	9/25/2024	9/26/2024	9/27/2024
M/MA Vegetables Fruit Grains Milk	Cuban Black Beans Peas & Carrots/ Cucumbers Applesauce Brown Rice <i>Condiment: Ranch</i>	Chicken soft tacos Refried Beans Cheese/Tomatoes/Lettuce Mixed fruit **WG Tortilla <i>Condiment: Salsa</i>	Mac & Cheese Sweet Corn/Cherry Tomatoes Sliced Peaches	Fish Stick Mashed Potatoes w/Gravy Fresh Broccoli Fresh Grapes <i>Condiment: Tarta Sauce, Ranch</i>	PD Day
	9/30/2024				
M/MA Vegetables Fruit Grains Milk	Mozzarella Pizza Sticks Sweet Corn/Baby Carrots Dice Pear <i>Condiment: Marinara Sauce</i>				



*Whole Wheat
 **Whole Grain
 ***All meals include ½ pint of milk. Students may choose 1% low-fat Unflavored or Fat Free Flavored Milk

This Institution is an equal opportunity provider
 Menu subject to change without notice

