





Lunch/Breakfast Menu for January 2024



BREAKFAST MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M/MA or Grains	**WG Cherrios/Corn Flakes	**WG French Toast Sticks	Egg Omelet,**WG Slice Bread	**WG Pancakes	**WG Cherrios/Corn Flakes
Fruit or Veg	Diced Pears	Applesauce	Fruit Cocktail	Banana	Diced Peaches
Milk		K5-String Cheese/Graham Cracker	k5-Cereal bar/Fruit Cocktail	k5-Yoqurt/Graham Cracker/Banana	
	K5-8 Apple Juice	K5-8 Orange Juice	K5-8 Fruit Punch Juice	K5-8 Orange Juice	K5-8 Apple Juice
		Winter Break - School Closed			
Lunch Meal Pattern	1/1/2024				1/5/2024
M/MA			P.D.	Chicken Parmesan	Chili Con Carne
Vegetables				Mixed Vegetables/ Celery Sticks	Baby Carrots
Fruit				Peaches	Pears
Grains				**WG Pasta	**WG Saltine Crackers
Milk				Condiment: Ranch	String Cheese
	1/8/2024	1/9/2024	1/10/2024	1/11/2024	1/12/2024
M/MA	**WG Pasta w/Turkey Meatballs	Chicken Soft Tacos	Beef Patty/Gravy	Grilled Cheese	Sloppy Joe
Vegetables	Fresh Broccoli/Sweet Corn	Pinto Beans/Lettuce/Tomatoes	Cucumbers/Sweet Peas	Baby carrots/Baked Fries	Mixed Veggies/Broccoli Cuts
Fruit	Applesauce	Fresh Orange	Pears	Banana	Sliced Peaches
Grains	**WG Breadstick	**WG Tortilla	Brown Rice	**WG Slice bread	**WG Bun
Milk	Condiment: Ranch	Condiment: Salsa	Condiment: Ranch	Condiment: Ranch	
	1/15/2024	1/16/2024	1/17/2024	1/18/2024	1/19/2024
M/MA	Martin Luther King, Jr Day	**WG Chicken Nuggets	Chicken Alfredo	Sliced Turkey	Hot Dog
Vegetables		Tater Tots/Carrots	Celery Sticks/Steam Califlower	Mashed Potato w/Gravy/ GreenBeans	Sweet Potatoes Fries/Steamed Carrots
Fruit		Grapes	Applesauce	Mandarin Oranges	Diced Peaches
Grains		Condiment: Ketchup	**WG Breadstick	** WG Dinner Roll	*WG Bun
Milk			Condiment: Ranch		Condiment: Ketchup
	1/22/2024	1/23/2024	1/24/2024	1/25/2024	1/26/2024
M/MA	Mac & Cheese	Chicken Patty	Beans & Cheese Tostadas	Chicken Fajitas	Mozarella Pizza Sticks
Vegetables	Green beans/Carrots Coins	Potato Wedges/Cucumbers	Lettuce/Beans	Brown Rice	Sweet Corn/ Cherry Tomatoes
Fruit	Pineapple Tidbits	Tangerine	Sliced Pears	Broccoli Cuts	Mixed Fruits
Grains	**WG Breadstick	**WG Bun		Vegetarian Beans	
Milk	Condiment: Ranch	Condiment:Ranch/Ketchup	Condiments: Salsa	Grapes	Condiment: Marinara
	1/29/2024	1/30/2024	1/31/2024		
M/MA	Turkey Mini Corn Dogs	**WG Mostaccoli	Garlic Cheese Pizza		
Vegetables	Baked Fries/Steamed Broccoli	Fresh Broccoli/California Blend	Cerely Sticks/Sweet Corn		
Fruit	Fresh Apple	Pineapple Tidbits	Peaches		
Grains		**WG Breadsticks			
Milk	Condiments: Ketchup		Condiment: Ranch		

*Whole Wheat

**Whole Grain

***All meals include ½ pint of milk. Students may choose 1% low-fat Unflavored or Flavored milk

This Institution is an equal opportunity provider
Menu subject to change without notice

