

# Lunch/Breakfast Menu for February 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b> **WG Cherrios/Corn Flakes,  Peaches, Milk	<b>BREAKFAST</b> French Toast w/Syrup Fresh Fruit, Milk	<b>BREAKFAST</b> Egg Omelet, **WG Bread Mixed Fruits, Milk	<b>BREAKFAST</b> Pancakes Fresh Fruit, Milk	<b>BREAKFAST</b> **WG Cherrios/Corn Flakes,  Mandarin, Milk
K5-8 Apple Juice	K5-8 Fruit Punch Juice	K5-8 Apple Juice	K5-8 Fruit Punch Juice	K5-8 Fruit Punch Juice
				
		2/1/2023	2/2/2023	2/3/2023
		Turkey Mini Corn Dogs Steamed Broccoli Baked Fries Fresh Apple	Garlic Cheese Pizza Carrots coins Sweet Peas Pineapple Tidbits	Chicken Parmesan WG Pasta Mixed Vegetables Cucumber Slices Peaches Condiment: Ranch
2/6/2023	2/7/2023	2/8/2023	2/9/2023	2/10/2023
*WW Cheese Quesadilla Sweet Corn Baby Carrots Pears Condiment: Light Ranch	<b>Taco Tuesday</b> Chicken Soft Tacos Pinto Beans Lettuce & Cheese Fresh Orange Condiment: Salsa	Cheeseburger **WW Bun Baked Potato Fries Green Beans Mixed Fruits Condiment: Ketchup	**WG Pasta w/Turkey Meatballs **WW Breadstick Broccoli Celery Stick Applesauce	Sloppy Joe on a *WW Bun Mixed Veggies Peaches
2/13/2023	2/14/2023	2/15/2023	2/16/2023	2/17/2023
**WG Chicken Nuggets Baked Tater Tots Carrots Coins Pineapple Tidbits Condiment: Ketchup	Cuban Black Beans Mixed Veggies Brown Rice Fresh Apple Condiment: Ranch	Turkey Meatballs w/Sauce Mashed Potato Dinner Roll Cucumber Slices Mandarin Orange	Mostaccoli w/Meat **WG Breadstick Sweet Peas Baby Carrots Grapes	Ham & Cheese Sandwich Sweet Corn Broccoli Cuts Applesauce Condiment: Mayo
2/20/2023	2/21/2023	2/22/2023	2/23/2023	2/24/2023
Turkey Hot Dog on **WW Bun Baked Beans Mixed Veggies Diced Peaches Condiment: Ketchup	WG Popcorn Chicken Steamed Broccoli Potato Wedge Banana	Cheese Filled Pizza Sticks Marinara Sauce Dip Green Beans Celery Sticks Pears	Grilled Cheese Sandwich Baby Carrots Sweet Corn Mandarin Oranges Condiment: Light Mayo	<b>Professional Day</b> <b>No Student Attendance</b>
2/27/2023	2/28/2023			
<b>Professional Day</b> <b>No Student Attendance</b>	Chicken Fajitas Brown rice/ Pinto Beans Baby carrots Mandarin Orange Condiment: Salsa			



**\*Whole Wheat**  
**\*\*Whole Grain**  
**\*\*\*All meals include ½ pint of milk. Students may choose 1% low-fat Unflavored or Flavored milk**



This Institution is an equal opportunity provider  
 Menu subject to change without notice

G.Vazquez