



2023

	MONDAY	TUESDAT	WEDNESDAT	Inukovat	FRIDAT
M/MA or Grains	**WG Cheerios/Corn Flakes	**WG French Toast Sticks	Egg Patty, **WG Slice Bread	** WG Pancakes	**WG Cheerios/Corn Flakes
Fruit or Veg	Diced Pears	Applesauce	Fruit Cocktail	Banana	Diced Peaches
Milk		K5- String Cheese/Graham Cracker	K5- Cereal bar/Fruit Cocktail	K5-Yogurt/Graham Cracker/Banana	
	K5-8th: Apple Juice	K5-8th: Orange Juice	K5-8th: Fruit Punch Juice	K5-8th: Orange Juice	K5-8th: Apple Juice
LUNCH MEAL PATT	ERN				12/1/2023
M/MA	A A - 0	and Ola	* -	The state of the s	Turkey Meatballs
Vegetables		ry Chr		2	Broccoli Cuts/Cherry Tomatoes
Fruit					Bread Stick
Grains					Strawberry Sliced
Milk					**WG spaghetti Condiment: Sauce
	12/4/2023	12/5/2023	12/6/2023	12/7/2023	12/8/2023
M/MA	**WG Chicken Nuggets	Chicken Fajitas	Turkey & Cheese Sandwich	Chicken Alfredo	Fish Sticks
Vegetables	Potatoes Wedges	Brown Rice	Fresh Broccoli/Sweet Corn	Baby Carrots/Cucumbers	Mashed Potatoes
Fruit	Carrot coins	Brocoli Cuts/Vegetarian Beans	Pineapple Tidbits	Breadstick	California Blend
Grains	Diced Peaches	**WG Tortillas	i Pineappie Habits	Mix Fruit	Pears
	Diced Peaches	Grapes	{	IVIIX FIUIL	Pears
Milk		Grapes	O and in a not Mayor	0 1 1 1 1	0 "
	Condiment: Ranch	40/40/0000	Condiment: Mayo	Condiment: Ranch	Condiment: Tartar sauce
20/20	12/11/2023	12/12/2023	12/13/2023	12/14/2023	12/15/2023
M/MA	Cheeseburger Broccoli cuts	Mac & Cheese Sweet Corn/Fresh Cucumbers	Beef Patty W/Gravy Brown Rice	Grilled Cheese Sandwich	Pork Tacos Lettuce/tomatoes
Vegetables Fruit	Tater tots	Mix Fruit	Celery Sticks	Green Peas/Baby Carrots Pineapple Tidbits	Vegetarian Beans
Grains	Fresh Apple	**WG Saltin Crackers	California Blend	Fineapple Tubits	Taco Shells
Milk	**WG bun	WG Saitiii Crackers	Blueberry		Applesauce
WIIIK	Condiment: Ketchup/Mayo	Condiment: Ranch	Bidebelly	Condiment: Ranch	Condiment: Sauce
	12/18/2023	12/19/2023	12/20/2023	12/21/2023	12/22/2023
M/MA	Chicken Patty	Cheese Quesadillas	**WG Mostaccoli	Soft Chicken Tacos	I ZI ZZI Z UZ J
	•				and the same have
Vegetables	French Fries/Celery Sticks	California Blend/Sweet Corn	Peas/Carrots	Pinto Beans	
Fruit	Peaches	Pears	Pineapple	Lettuce/tomatoes	
Grains	**WG Bun		**WG Bread Stick	Applesauce	The state of the s
				**WG tortillas	
	Condiment: Ranch/ketchup	Condiment: Ranch		Condiment: Sauce	
	11/27/2023	11/28/2023	11/29/2023	11/30/2023	
M/MA					
Vegetables			719)		Charles W. Substant
Fruit				20	
Grains					Tanara Carante
Milk					



Menu subject to change without notice





MR 11/16/2023

^{*}Whole Wheat

^{**}Whole Grain

^{***}All meals include ½ pint of milk. Students may choose 1% low-fat.
Unflavored or Fat Free Flavored Milk
This Institution is an equal opportunity provider